

## expedition examples

### island dreaming

Paddle your own canoe to Cooinda Island. Create a feast of fantastic campfire food, or be adventurous and camp under your canoe on your way to Bunga Arm.

### 90 mile adventure

Ride the Cooinda launch to Rotamah Island. Stay at a well set-up campsite, and walk through the National Park to the magnificent 90 Mile Beach. Perfect for beach cricket, kite flying or watching the fireworks over the lake on New Years Eve.

### go west

Paddle canoes or kayaks from point to point along Lake Victoria for sun and swimming or some fishing. Stay the night at Waddy or Storm Point and pause for lunch at Wattle Point on your return.

### a river somewhere

An epic canoe paddle takes you to a farm at Nicholson River, a private spot on a tranquil river. A two night stay leaves time for mulberry pancakes and further exploring.



## about camp cooinda

Enjoy the outdoor experiences offered by Camp Cooinda. Boating, sleeping in tents, cooking over a campfire, and making decisions as a group are features of the Cooinda program.

Activities happen in groups (we call them "patrols") of eight to ten boys and girls of similar age with two leaders. In the first couple of days, these groups learn the basics of boating and safety. Patrols then make plans to explore the lakes in canoes or kayaks and camp overnight, including a stay on Cooinda Island.

## camp dates and costs

### camp one

29 December 2011  
to 5 January 2012  
8 days/7 nights  
Cost \$350 plus  
\$70 bus travel

### camp two

10 – 16 January 2012  
7 days/6 nights  
Cost \$315 plus  
\$70 bus travel

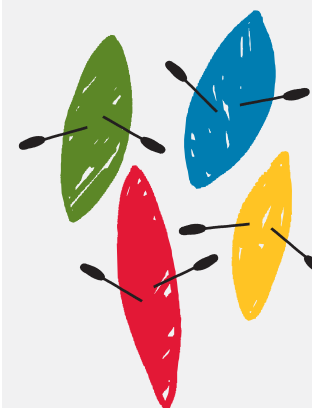
People often ask us how we keep our costs under \$50 per day while providing a fully catered program that uses 40 boats and includes expedition campsite fees. Everyone involved in Cooinda is a volunteer, and our camps are heavily subsidised. Donations also help us to assist with camp fees if families are experiencing financial hardship.

Camp Cooinda charts a bus to travel between Melbourne (two pick-up points) and the campsite for each camp.

## contact us

Email [campers@campcooinda.asn.au](mailto:campers@campcooinda.asn.au)  
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Camp Cooinda Inc.  
ABN 30 015 662 017  
Association Registration: A7655N  
Member of the Australian Camps Association



# camp cooinda

2011-2012

Friends, fun and  
excitement on the  
Gippsland Lakes



Do something different this summer  
For young people 12-18 years

# the camp cooinda experience

## what's camp like?

The Cooinda experience offers fun and interesting activities in small friendly groups. Canoeing, kayaking and sailing are a focus. Archery, fishing, hiking and initiative games are also part of the fun. Overnight camping trips and sleeping under the stars make this a summer holiday with a difference.

Campers and leaders form a cooperative community where respect for others is emphasised. Campers have a say in what the group does. They help decide the challenges their group takes on and make discoveries about the environment, themselves and their potential.

Camp Cooinda is based on seven hectares of banksia bush land with magnificent beach frontage on Lake Victoria in the heart of the Gippsland Lakes, 300 km east of Melbourne. Cooinda Island is our own six hectare island 10km by water from the mainsite providing secure and interesting camping sites. A number of other designated campsites on the Gippsland Lakes may be used during camp.

The program has a well equipped mainsite with kitchen, hall, showers and toilets and 40 boats including canoes, kayaks, sailing boats and powerboats. Campers and their leaders are accommodated in tents.

Cooinda's leaders are drawn from many backgrounds. They are selected on the basis of their skills in outdoor activities and their capacity for affirming relationships with young people. Leaders participate in a training program and undergo a Working with Children or Police Check.



Camp Cooinda Inc. was established in 1960 as a non-profit organisation to conduct adventure camps and to encourage personal development. More than 6000 young people have been to Camp Cooinda in the fifty years since it began. The organisation reflects Christian values.

Assistance with camp fees can be provided if families are experiencing financial hardship. Please contact the camp office to discuss.



## risks and safety

Boating and camp activities involve some dangers and risks. Because so much time is spent on the water, campers must be able to swim at least 100 metres.

It is important for parents and campers to be aware of the risks, to observe carefully the enrolment requirements about swimming ability and health, and to make sure that campers bring the correct clothing and equipment. A list of what to bring to camp is provided during application.

All activities are supervised and careful attention is given to safety procedures and weather conditions. Please read the more detailed statement "Risks and Safety" on the website [www.campcooinda.asn.au](http://www.campcooinda.asn.au) or request a copy from the camp office by phone or email.

Camp Cooinda Inc. operates motor boats and uses marine radios and UHF radios for safety backup. When camping away from the base site, mobile phones and UHF radios provide groups with 24 hour contact with camp directors.

Parents are invited to discuss risks and other aspects of the camp program with a camp director by telephoning (03) 9013 9465.

